



We are here for you.

We hope this newsletter finds you healthy and safe in these strange times! At Hands of Heartland, we will continue to be a resource for all of our people and employees, even if that means taking extra precautions or changing things temporarily to keep everyone safe. We will be sure to keep you updated if any changes are made that will affect service!

Providing service during the COVID-19 crisis:

- ➔ Wash your hands well and often! The **CDC is a great resource** for proper handwashing methods.
- ➔ It is now recommended to wear a mask or face covering while out in public. Hands of Heartland is working to secure masks. The CDC has two versions of DIY mask patterns on their website – an option for those who can sew, and a quick and easy no-sew option!
- ➔ Find fun ways to enjoy your time at home – it's important to take care of your mental health, too! Many musicians and other creative artists are hosting live performances on YouTube and Facebook, allowing you to see concerts and plays that you may not have been able to see otherwise!

Introducing Brett Samson, New President of Operation, Midwest at Hands of Heartland

Having worked in the field of Intellectual Disabilities for over 20 years, Brett Samson is the

perfect fit for what we do here at Hands of Heartland! He began his career working as a direct support professional in residential and vocational settings while he completed college. Brett has served in multiple roles in this field (in both Nebraska and Iowa) and

was most recently the CEO of another developmental disabilities provider. Brett grew up in Valley, Nebraska and graduated from the University of Nebraska-Omaha. He currently resides in Omaha with his wife Michelle and their six children.

Celebrating April Birthdays!

ALYSIA H. JOSEPH H. MARK C. SEAN B.
A'MYA S. JUSTIN M. MELANIE M. SHANNON H.
CEDRIC H. LINDA S. PATRICK M. STEFANIE M.
DYLAN D. LINDELL R. SARAH R. WENDY F.
ERIC H. LUCY S. SANDRA H.

Honoring One Year at Hands of Heartland (March Anniversaries)

ADANECH A. TAMMY M.
DEBRA W. YEMI L.
SHAVON M.

We'd love to hear from you

Share your content ideas with Jessica Lode at jlode@handsofheartland.com

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